South Women's Swimming Top Ten Times and Diving Scores

200 Medley Relay

1	Jaina McClure, Amy Bouta, Kate Snow, Alexis Burck	1:49.63	1995 All-American
2	Dorothy Baker, Avery Michienzi, Molly Belk, Chelsea Rolfzen	1 49.73	2006 All-American Consideration
3	Jaina McClure, Amy Bouta, Kate Snow, Ani Barr	1:50.02	1996 All-American
4	Jaina McClure, Amy Bouta, Elizabeth Snyder, Alexis Burck	1:50.48	1993 All-American
5	Katy Vandam, Melissa Schold, Katie Morris, Aurora Belk	1 51.95	1999 All-American Consideration
6	Dorothy Baker, Avery Michienzi, Molly Belk, Maggie Burns	1 52.18	2005
7	Jaina McClure, Amy Bouta, Kate Snow, Melissa Schold	1:52.27	1996 All-American Consideration
8	Jaina McClure, Amy Bouta, Danielle Pryor, Erika Englund	1:53.04	1995 All-American Consideration
9	Jaina McClure, Amy Bouta, Danielle Pryor, Alexis Burck	1:53.12	1994 All-American Consideration
10	Katy Vandam, Melissa Schold, Berit Fahrner, Aurora Belk	1 53.19	1999 All-American Consideration

200 Freestyle

1	Molly Belk (Automatic All-American)	1 51 59	2006
2	Dorothy Baker	1 55.25	2007
3	Katy Vandam	1 57.49	2001
4	Amy Bouta	1 58.75	1995
5	Aurora Belk	1 59.21	2002
6	Jaina McClure	2:01.28	1995
7	Chelsea Rolfzen	2 02.44	2008
8	Kristina Burow	2:02.45	1991
9	Tasha Willis	2:02.49	1985
10	Thea Fleming	2 02.77	2000

200 IM

South Women's Swimming Top Ten Times and Diving Scores

1	Amy Bouta	All-American Consideration	2:06.74	1995
2	Aurora Belk	All-American Consideration	2 08.62	2002
3	Molly Belk		2 12.54	2003
4	Avery Michienzi		2 14.01	2006
5	Berit Fahrner		2 14.60	1999
6	Kristina Burow		2:17.55	1991
7	Dorothy Baker		2 18.59	2006
8	Katy Vandam		2 18.72	1999
9	Bryna Fahrner		2 17.03	2004
10	Tasha Willis		2:19.72	1987

50 Freestyle

1	Jaina McClure	All-American Honorable Menti	:24.08	1994
2	Amy Bouta	All-American Consideration	:24.83	1997
3	Genevieve Hansen		:25.17	2009
4	Tasha Willis		:25.25	1985
5	Melissa Schold		:25.36	1998
6	Aurora Belk		:25.39	2002
7	Alexis Burck		:25.47	1994
8	Katy Vandam		:25.58	2000
9	Jonna Gane		:25.66	2000
10	Lindsey Moen		:25.68	2000

Diving (6 Dives)

1	Lucy Hennen	222.35	2011
2	Phoebe Okerlund	212.55	1995
3	Jasmine Rolfzen	208.75	2004
4	Rachel Moor	197.35	1999
5	Mel Kay (SHAWA)	195.85	2012
6	Katie Balcom	188.75	2000
7	Caroline Olson	187.00	2009
8	Debbie Rosenow	175.75	1978
9	Meghan Johnson	175.55	2004
10	Danelle Baker	173.75	1989

South Women's Swimming Top Ten Times and Diving Scores

Diving (11 Dives)

1	Lucy Hennen	401.25	2011
2	Phoebe Okerlund	324.6	1995
3	Jasmine Rolfzen	316.7	2004
4	Rachel Moor	301.55	1997
5	Mel Kay (SHAWA)	298.25	2012
6	Anne McIntyre	290.6	1994
7	Katie Balcom	285.25	2000
8	Caroline Olson	280.75	2009
9	Colette Davidson	272.45	1996
10	Tracy Gorman	269.00	1987

100 Butterfly

1	Amy Bouta (Automatic All-American) **(State Record)**	:55.21	1996
2	Molly Belk (Automatic All- American)	:56.53	2006
3	Kristina Burow All-American Consideration	:58.25	1991
4	Aurora Belk All-American Consideration	:58.86	2001
5	Berit Fahrner	1 00.95	1999
5	Katie Morris	1 00.95	2001
6	Katy Vandam	1 01.41	2002
7	Jaina McClure	1 01.83	1995
8	Kate Snow	1:02.70	1998
9	Dorothy Baker	1 03.66	2004

100 Freestyle

1	Molly Belk	:53.27	2004
2	Jaina McClure	:53.76	1994
3	Aurora Belk	:54.18	2002
4	Dorothy Baker	:54.74	2006
5	Katy Vandam	:54.83	2002
6	Rachel Anderson (SHAWA)	:55.21	2012
7	Tasha Willis	:55.23	1987
8	Molly Belk	:55.33	2006
9	Melissa Schold	:55.55	1998
10	Jonna Gane	:55.56	2000

South Women's Swimming Top Ten Times and Diving Scores

500 Freestyle

1	Molly Belk	5 16.57	2004
1	Katy Vandam	5 16.57	2001
2	Amy Bouta	5 16.94	1996
3	Aurora Belk	5 18.37	2002
4	Dorothy Baker	5 22.93	2007
5	Kristina Burow	5 26.73	1991
6	Thea Fleming	5 27.43	2000
7	Anne Sateren	5 27.78	1995
8	Anne Snow	5 28.76	1995
9	Emily Vicker	5 29.36	2000

200 Freestyle Relay

1	Aurora Belk, Katy Vandam, Lindsey Moen, Jonna Gane	1 41.01	2000
		All American Consideration	
2	Thea Fleming, Katy Vandam, Aurora Belk, Melissa Schold	1 42.41	1999
		All American Consideration	
3	Jaina McClure, Ani Barr, Amy Bouta, Alexis Burck	1:43.25	1994
4	Erika Englund, Alexis Burck, Ani Barr, Anne Sateren	1:43.67	1995
5	Dorothy Baker, Ashley Kramka, Samantha Henry, Chelsea Rolfzen	1 43.85	2007
6	Thea Fleming, Katie Morris, Jonna Gane, Lindsey Moen	1 43.94	1999
7	Amy Bouta, Alexis Burck, Ani Barr, Anne Sateren	1:43.97	1995
8	Jaina McClure, Alexis Burck, Amy Bouta, Elizabeth Burow	1:44.08	1993
9	Jaina McClure, Alexis Burck, Ani Barr, Erika Englund	1:44.59	1995
10	Jaina McClure, Amy Bouta, Alexis Burck, Anne Sateren	1:44.75	1994

South Women's Swimming Top Ten Times and Diving Scores

100 Backstroke

1	Jaina McClure	All-American Honorable Mentic	:57.72	1993
	(State Record)			
2	Dorothy Baker	All-American Consideration	:58.19	2007
3	Kristina Burow	All-American Consideration	:59.19	1991
4	Katy Vandam		1 02.22	1999
5	Elizabeth Burow		1:03.22	1992
6	Katie Morris		1 03.29	2001
7	Freesia Towle		1 03.51	2009
8	Tasha Wilis		1 03.86	1986
9	Avery Michienzi		1 03.94	2006
10	Molly Belk		1 04.16	2006

100 Breaststroke

1	Amy Bouta	Automatic All-American	1:04.31	1994
2	Aurora Belk	All-American Consideration	1 06.43	2002
3	Avery Michienzi		1 06.78	2006
4	Melissa Schold	All-American Consideration	1 07.35	1999
5	Annika Ushio	All-American Consideration	1:08.38	1998
6	Molly Belk		1 11.06	2004
7	Kate Snow		1:11.25	1994
8	Anne MacEachern		1:11.80	1985
9	Michi Ushio		1 13.29	2001
10	Grace Flannery		1 13.48	2004

South Women's Swimming Top Ten Times and Diving Scores

400 Freestyle Relay

1	Jaina McClure, Alexis Burck, Amy Bouta, Ani Barr	3:39.41 All American Consideration	1994
2	Dorothy Baker, Chelsea Rolfzen, Avery Michienzi, Molly Belk	3 40.37	2006
3	Jaina McClure, Alexis Burck, Elizabeth Burow, Amy Bouta	3:42.64 All American Consideration	1993
4	Aurora Belk, Katie Morris, Alexis Robinson, Katy Vandam	3 42.88	2002
5	Dorothy Baker, Chelsea Rolfzen, Maggie Burns, Molly Belk	3 43.34	2005
6	Jaina McClure, Amy Bouta, Ani Barr, Anne Sateren	3:43.95	1996
7	Melissa Schold, Berit Fahrner, Aurora Belk, Katy Vandam	3 44.11	1999
8	Jaina McClure, Ani Barr, Elizabeth Burow, Amy Bouta	3 44.76	1993
9	Katy Vandam, Thea Fleming, Berit Fahrner, Melissa Schold	3 47.25	1999
10	Thea Fleming, Katie Morris, Emily Vicker, Jonna Gane	3 47.42	2000